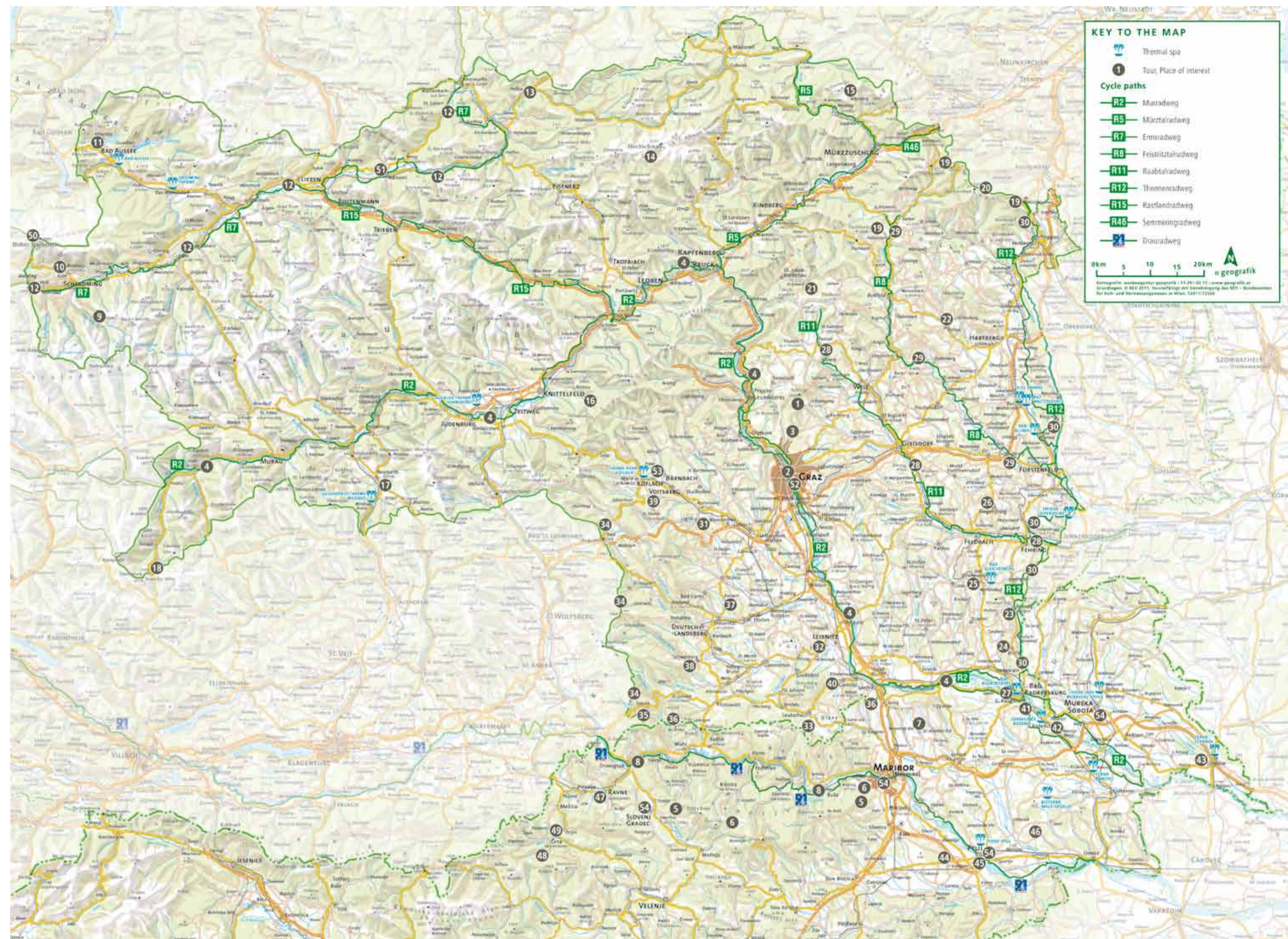




www.steiermark.com

I FEEL SLOVENIA

Pomurje | Maribor - Pohorje
Spodnje Podravje | Koroška



Experience the huge variety

TRAILS FOR PLEASURE

Hiking & Cycling
www.hiking-biking.com/en



More information on the most beautiful hiking and cycling trails and mountain bike trips in the area of Austrian Styria and Northeast Slovenia is available at:

www.hiking-biking.com/en



Endless trails for pleasure

No matter how many boundaries we see nature will always show us how to tolerate none. The beauty and grandeur of nature are endless, which also holds true for the remains of our long and, in the old days, common (cultural) history.

The evident proof of this is provided by the Austrian Styria and Northeast Slovenia. Regardless of whether we prefer to hike or cycle, we are always in nature, which here offers us so much to see, experience, feel and, most of all, taste: wines, apples, pumpkins and other culinary delights.

Let the nature take you to its kingdom, the high mountains of the Dachstein Mountain Range, the deep gorges, the clear lakes, the orchards offering juicy apples in the east, the pastures and meadows, or the romantic vineyards.

Despite the distance between them, the cities of Graz and Maribor surprise with their common characteristics: they are both located by rivers, have a rich history, culture and numerous sights worth seeing.

The Austrian Styria and Northeast Slovenia have many faces, as they combine adrenaline adventures, grace and the ease of life. Moreover, these regions also welcome families with children with open arms throughout all the seasons of the year.

The most beautiful trails and some great advice on how to spend your holiday are available at the following website:

www.hiking-biking.com/en



GRAZ AND THE SURROUNDING AREA

Graz is a unique city with many faces: a UNESCO World Heritage Site, the city is renowned for its noticeable red roofs and the clock tower. The Austrian capital of pleasure combines futurism and history, the wealth of mountain ranges, such as the mighty Schöckl, with cycling adventures, such as those offered by the cycling trail along the River Mur.

- **1, Trail over Schöckl**
The mountain range in front of the city door offers various opportunities: a 12.3 km long trail, which connects the settlements of St. Radekund and Semriach, is only one of those. If the hike is too long, it can be shortened by taking a cable car ride.
- **2, City sightseeing by bicycle in the company of a tourist guide**
Get on the bicycle and explore the most beautiful sights of the Austrian capital of pleasure: breathtaking villas, yards, the cultural gallery nicknamed „Friendly Alien“, and the Eggenberg Castle.
- **3, bikeCULTure Region Graz**
Since the World Cup in Mountain Biking in 2009 (UCI Mountain Bike Marathon World Championships), Graz and its surroundings have been offering excellent hiking and cycling trails to the Schöckl mountain range, cyclist-friendly rest stops (CULTure Points) and much more.

More information:
GRAZ TOURISMUS & REGION GRAZ
8010 Graz, Austria, T +43 / 316 / 8075-0
info@graztourismus.at, www.graztourismus.at
info@regiongraz.at, www.regiongraz.at

GRAZ, AUSTRIA'S CAPITAL OF CULINARY DELIGHTS
Visit the city in summer months when the city centre holds an event entitled „Long Table of Culinary Delight“ and you will see that Graz is truly a legitimate holder of this flattering title. www.genusshauptstadt.at



RIVER MUR CYCLING TRAIL

Together with the trail extension across Slovenia, the cycling trail along the River Mur is 425 km long and is acknowledged among the experts as one of the most beautiful river-side trails in the Alpine world.

Cycling on this trail is comfortable due to its slight downhill incline and offers extreme pleasures, for there are many rest stops on the way offering various culinary delights. The trail begins in the Hohe Tauern National Park and continues along the River Mur all the way to the land of vineyards and hot springs. In the North we can admire the mountains and Alpine dairy farms, and the South provides a view of the fields of pumpkins, marshland and vineyards. In between lies Graz the Austrian capital of pleasure, with its attractive atmosphere which complements splendidly the impressions of the surrounding nature.

More information: STEIERMARK TOURISMUS
8042 Graz, Austria, T +43 / 316 / 4003-0
info@steiermark.com, www.murradweg.com,
www.steiermark.com/en



MARIBOR - POHORJE

The area of Mariborsko Pohorje is rich in the beautiful nature of the Pohorje Mountain Range and surrounded by picturesque vineyards. The city by the River Drava offers unique opportunities for playing various sports. You will be amazed by the long wine-making tradition of this city, its noble vine, the oldest in the world, the surprising history and famous culture.

- **5, Pohorje cycling transversal**
Take the 75 km long transversal across Pohorje with the start point at the Church of St. Bolfenk. The trails will take you to the top and the foothills of the Kremzarjev vrh (Kremzar's Peak) in Carinthia.
- **6, Hiking trail to Carinthia**
The hiking trail is 54 km long and represents a section of the Slovenian mountain trail across the oldest and most diverse Slovenian transversal.
- **7, „Old Vine“ cycling trail**
Take the 37 km long trail and reach the heart of the vineyards. Taste their delicious offerings and colour your day with varied shades.

More information:
TIC MARIBOR
2000 Maribor, Slovenia
T +386 / 2 / 2346611
tic@maribor.si, www.maribor-pohorje.si

BIKE PARK POHORJE

The specialised Bike Park Pohorje is intended exclusively for cyclists who are eager to experience adrenaline adventures. You can select from among five different programmes (Flow Trail, Speed King, Free-ride Sector, WC DHI Trail, 4X Track) and test the 12 km long MTB track.
www.bikegreen.si



RIVER DRAVA CYCLING TRAIL

Due to its natural beauty and cultural diversity the Drava cycling trail, with its R1 international designation, is one of the most beautiful European cycling programmes.

The trail starts in Italy, crosses Carinthia and winds across Slovenia, through Dravograd, Maribor, Ptuj, all the way to the Slovenian-Croatian border near Ormož. Because it offers various riding terrains and some demanding ascents, the Slovenian side is suitable mainly for athletes with top-quality equipment. In addition, rafting on the River Drava presents a unique opportunity to experience a true adventure. Rafting is offered at three locations by the river, from which the rafters take you on a safe ride down the River Drava.

More information:
TIC Dravograd: T +386 / 2 / 8710285
info.dravograd@kanet.si, www.koroska.si
TIC Maribor: T +386 / 2 / 2346611
tic@maribor.si, www.maribor-pohorje.si
TIC Ptuj: T +386 / 2 / 7796011
info@ptuj.info, www.ptuj.info

HOW TO FIND US?

By car: there are many roads leading to the Austrian Styria and Northeast Slovenia: www.map24.com
We recommend you take the train, which provides a stress-free ride with no inconvenient delays: www.oebb.at and www.slo-zeleznice.si
By plane: numerous airlines land at Graz Airport: www.flughafen-graz.at.

WEATHER

Information on the weather is available at www.wetter.info (weather in Europe) and at www.zang.ac.at (weather conditions in Austria).

GUIDES & MAPS

Bookshops and well-stocked stores offer numerous maps and guides of the Kompass Publishing House and the mountain-oriented Rother Publishing House. These items can also be ordered over the Internet at www.kompass.at or www.rother.de.

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DACHSTEIN, ENNSTAL & AUSSEERLAND

This region is perfect for all lovers of genuine and romantic nature: mighty peaks, clear lakes, magnificent waterfalls, and thousands of kilometres of hiking trails, cycling trails and climbing routes. The rich culture and, most of all, absolute pleasure await you all year long.



• **9, „Wild waters“: from Untertal to the Riesach Lake**
Only seven kilometres through the „tundra“, the first National Geographic Hiking Trail takes us to the 70 m high Riesach Waterfall. It leads us uphill through the Höll Gorge, past the Alpine meadow Gföller Alm, to the fabulous Riesach Lake.

• **10, Ramsau - hiking trail past five rest stops**
This hiking trail is, in particular, suitable for families with children. The foothills of the Dachstein mountain range welcome you with five rest stops, which pamper their guests with delicious home-made food and wonderful sights: mountain peaks, dairy products and much more. This circular hiking trail is 14 km long, and in case you lose your strength half way, the bus will take you to its end point.

• **11, Altausseer Lake - a circular hiking trail**
A gently sloping trail and surreal nature: The Altausseer Lake and Loser and Trisselwand mountain ranges accompany you on the seven kilometres long hiking trail, which is particularly suitable for children.

More informations:
SCHLADMING-DACHSTEIN, www.schladming-dachstein.at
8970 Schladming, Austria, T +43 / 3687 / 23310
RAMSAU AM DACHSTEIN, www.ramsau.com
8972 Ramsau am Dachstein, Austria, +43 / 3687 / 81833
AUSSEERLAND-SALZKAMMERGUT, www.ausseerland.at
8990 Bad Aussee, Austria, T +43 / 3622 / 54040-0

MOUNTAIN BIKING
www.steiermark.com/en

RIVER ENNS CYCLING TRAIL 12

The cycling trail along the River Enns connects Flachau and Enns near the River Danube by crossing Schladming, the holder of the 2013 FIS Alpine Ski World Championships, the Gesäuse and Kalkalpen national parks. A 262 km long trail provides sights of magnificent mountain ranges and murmuring brooks, romantic villages and historic places offering cultural and culinary delights. The unique landscape and the mighty roaring water in the Gesäuse National Park, which otherwise struggles to force its way through the narrow defile, will surely take away the breath of every cyclist. This trail makes some short ascents, which offer a view of magnificent mountain ranges.

More informations:
STEIERMARK TOURISMUS, 8042 Graz, Austria
T +43 / 316 / 4003-0, info@steiermark.com,
www.ennsradweg.com, www.steiermark.com/en

• **13, Palfauer Wasserlochklamm Gorge**
Although only one kilometre long, the Palfauer Wasserlochklamm Gorge is full of canyons and rock pools and includes five gorgeous waterfalls. The children will love this educational trip through nature. The water cave with the spring of the Palfauer Wasserloch Brook is the largest water cave in Austria.

• **14, Mountain hiking trail to the chamois and edelweiss**
This 13 km long hike guarantees absolute pleasure and is one of numerous hiking trails offered by the Hochschwab mountain range. On your way, you will most definitely catch a glimpse of a chamois and enjoy the surrounding landscape with its magnificent peaks.

GESÄUSE & HOCHSTEIERMARK

The youngest Austrian national park, Gesäuse, prides itself upon its gorges, brooks, hiking trails, and thus presents a true paradise for climbers. In the midst of this marvellous landscape is a mighty monastery, the Admont Abbey, and Hochsteiermark awaits you with its renowned Basilica of the Birth of the Virgin Mary and the surrounding picturesque mountains of the Hochschwab mountain range. Welcome to the world of pleasure and comfort.

• **15, A trip across the Schneevalm**
Imagine standing on the top of the snow covered Alpine meadow amidst the Mürzer Oberland National Park, where, on a clear day, you can enjoy the view up to Vienna and the Dachstein mountain range. This trip combines a relaxing hike with home-made culinary delights, which are offered by the mountain huts.

More informations:
ALPENREGION NATIONALPARK GESÄUSE
8911 Admont, Austria, T +43 / 3613 / 21160-10
info@gesaeuse.at, www.gesaeuse.at
HOCHSTEIERMARK
8670 Krieglach, Austria, T +43 / 3855 / 45570-0
tourismus@hochsteiermark.at, www.hochsteiermark.at

BASILICA OF MARIAZELL
www.mariazell-info.at

MURTAL HOLIDAY REGION

Mountains such as Tauerngipfel, Zirbitzkogel, the Seetaler Alps and the Gurktaler Alps are attractive throughout the whole year and, with their altitudes between 800 and 2,700 metres, offer hiking adventures for every taste.

• **16, A footpath on the treetops**
On a 2.5 km long hike through the forests, the wooden constructions will enable you almost to touch the highest tops of the pine and larch trees, climb the ladder to heaven and enjoy the breathtaking view.

• **17, Via Natura**
In the Zirbitzkogel-Grebenzen National Park you will learn to „read nature“ in a specific manner. The trail is 130 km long and has eleven stages, each of which provides a special experience.

• **18, A circular trail past three lakes in the Turracher Höhe area**
This wonderful 7.6 km long hiking trail in the Nockberge National Park offers a unique and unforgettable adventure to families with children, as it leads past three lakes, which surprise us with their different colours.

More informations:
URLAUBSREGION MURTAL
A-8750 Judenburg, Austria
T +43 / 3572 / 44249
urlaub@murtal.at, www.murtal.at



TOUR DE MUR

Is a three-day stage from the National Park Municipality of St. Michael to the city of Bad Radkersburg. On the way you can stop in Fohnsdorf or Graz, which can thus present the end points for single-day trips. www.tour-de-mur.at

EAST STYRIA & STYRIAN SPA COUNTRY

The area of Austrian East Styria is also called the „garden of Austria“. It offers health and recreation: hiking and cycling trails to the most beautiful places, where you can treat yourself to some pampering. The land of hot springs has numerous beneficial springs and presents a true paradise for cyclists. Here, you can also enjoy the delicious home-made delicacies of this area offered by the farms along the wine routes.

• **19, Alpannonia**
Alpannonia is a network of 120 km long hiking trails in the utmost eastern part of the Alps, which is intertwined with astonishing vantage points, varied landscape and special charms of nature.

• **20, Hiking tour to the top of the Hochwechel Mountain**
Starting from the Mönichwalder Schwaig mountain hut, the circular hiking trail will guide you to the top of the Hochwechel Mountain. The 21.9 km long trail will pamper you with the dream-like panorama and an abundance of delicacies offered by the mountain posts along the way.

• **21, Almenland mountain hiking tour**
Sommeralm and Teichalm form the largest connected and cultivated Alpine meadow area in Europe. The 17.7 km long hike across these two Alpine meadows is so unique that it cannot be compared to any other hiking trails. The trail is in excellent shape and therefore one can hardly detect the changes in altitude when following it.

More informations:
OSTSTEIERMARK, DER GARTEN ÖSTERREICHS
8263 Großwilfersdorf, Austria, T +43 / 3385 / 21090
info@oststeiermark.com, www.oststeiermark.com
STEIRISCHES THERMENLAND
8263 Großwilfersdorf, Austria, T +43 / 3385 / 66040
info@thermenland.at, www.thermenland.at

• **22, A trip across the land of pears - Hirschbirnwanderweg**
The „Hirschbirne“ or the so called „stag pear“ is an ancient wild-growing variety of pears and can be seen in the Pöllauer Tal National Park. This 11.5 km long hiking trail, which also provides some memorable experiences for children, will pamper you with wide trails and gorgeous mixed forests. In addition, the dreamy Pöllauer Church of Pilgrimage is also worth visiting.

• **23, Wine trail of senses**
Take a 14 km long trail across the hills of volcanic origin in Austrian Southeast Styria and enjoy the view of the vineyards, the scent of elder, the rich selection of wine shops, and other numerous sensual experiences.

• **24, Traminer trail - Klöcher Traminerweg**
The circular trail starts by the wine shop and continues on a 12.4 km long path past the beauties of the wine land. This trip will restore your strength, and you will enjoy each section of this relaxing trail.

• **25, Heart trail**
Experience love and the sensuality of nature in the company of your loved one: The romantic park of Bad Gleichenberg Spa Resort is an idyllic and spacious area with a 7.5 km long trail, which on its way includes soul-touching rest stops.

• **26, Pleasure trail to the Riegersburg Castle**
The Riegersburg Castle welcomes you high above the valley. The castle is surrounded by either a 7 or 14 km trail, which guides you to the places of most astonishing culinary delights, such as the Zotter Chocolate Factory or the Gölles Distillery.

RIEGERSBURG CASTLE
www.riegersburg.com

• **27, Cycling in Bad Radkersburg and its surroundings**
The love for life, which is typical of southern places, here in the land of hot springs is combined with modernity and tradition. Take this cycling trail through the dream-like landscape and visit Slovenia along the way.

• **28, Cycling trail along the River Raab**
This 108 km long cycling trail, which follows the motto of enjoying life and nature, will guide you from Alpine meadows through the „garden of Austria“, as the area of Austrian East Styria is called, all the way to the land of hot springs.

• **29, Cycling trail across the valley of the River Feistritz**
Discover the homeland of the poet Peter Rosegger, who, because of its rich forests, named this land „Waldheimat“ or the „homeland of forests“. A 103 km long trail has a gentle downhill incline, thus making the hike to the land of apples, vineyards and hot springs effortless.

• **30, Cycling trail to the hot springs**
Castles, mansions, marshland, sun-surrounded vineyards and, among them, numerous hot springs and wine shops: The land of hot springs, with its well-regulated network of cycling trails, welcomes you and will most definitely fill you with bursting enthusiasm.

A CYCLING TRAIL OF PLEASURE
Thirteen different cycling trails lead through East Styria and the land of hot springs, including a magnificent landscape and places of culinary pleasures.
www.thermenland.at

SOUTH & WEST STYRIA

Let us take: a charming landscape, a herd of Lipizzaners, some pumpkin oil, and refine it with some excellent wine and hospitable people. Only in such a manner can we express our feelings about staying in the Austrian South and West Styria, which gives rise instantly to the question: „When are we going there?“

• **31, Culinary trail across the Municipality of Ligist**
This is an especially attractive 4.4 or 11 km long trail, which guides you past numerous farms, bee keepers, blueberry schnapps and wine shops.

• **32, Hiking trail through the gorge of the River Sulm**
This 5.5 km long undemanding but yet beautiful trail starts in Wernersdorf, Austria's number one village of Schilcher wine. Children are more than welcome to take this trail, as fishing by the River Sulm will surely create lasting memories.

• **33, Hiking trail past the mills and castles**
The 10.5 km long circular trail starts near Leutschach by the Austrian South Styrian wine route. The trail guides you through the Heiligengeistklamm Gorge all the way to Slovenia, and to return, you can take the panoramic border trail.

• **34, Koralm Crystal Trail**
This hiking trip, with astonishing vantage points at the border with Austrian Carinthia, lasts four days. The trail takes you to the utmost South of the Austrian Styria, where untamed romance is replaced by pleasant pleasures.



WINE ROUTES

These wine routes take you to the most beautiful vineyards and wine shops, thus offering many vantage points and the most exquisite wines of Austrian Styria.
www.weinland-steiermark.at,
www.steirischerwein.at

POMURJE

This region is best described in the following words: „Pomurje opens our eyes to the beauties of nature, guides us to friendly people, delicious culinary delights and beneficial natural springs, and welcomes us with open hands.“

• **41, Apolonija - a health trip**
On this trip you will discover the delicious culinary delights of Pomurje and get to know the friendly country of Slovenia.

• **42, The cycling trail through the springs of life**
An indescribably beautiful cycling trail which you simply must experience. Take your time and capture the tranquility of nature on the 10.4 km long trail, which guides you to the springs of mineral water in Pomurje.

• **43, Badžusi - the Lendava cycling trail**
The „badžusi“ (the Prekmurje word for moustache) can be written over and sent off. However, it is much better if you pull them, which causes laughter and joy, as does the 53.2 km long cycling loop with the starting point in Lendava. Visit Pomurje and discover the secret of „badžusi“.

More informations:
Amt für Tourismus und Sport Radenci
9252 Radenci, Slovenia
T +386 / 2 / 5651889
info@ztsradenci.si, www.ztsradenci.si



THE THREE HEARTS MARATHON

Choose and accept the challenge of the Three Hearts Marathon, which is 5.5 - 106 km long and winds through three different States.
www.hiking-biking.net

LOWER PODRAVJE

The Lower Podravje region combines green vineyards and golden fields of grain into a picturesque landscape, which still offers sights of unspoiled nature. The people of this region work hard to cultivate this landscape, which responds to their love with an abundant harvest.

• **44, Cycling trail across the Lower Podravje region**
If you take the 44 or 91.5 km long cycling trail, you will need much endurance and fitness. However, nature and cultural sites will make every effort worthwhile.

• **45, Ptuj's trail of culture**
Ptuj is the oldest Slovenian town and presents a treasury with a hundred faces. In its surroundings you will also discover the rich heritage of regional writers..

• **46, A hiking trail through the hills of Slovenske gorice**
Experience a delicious adventure on a 103 km long trip on the traces of wine in the hilly surroundings of Ptuj, where you will be welcomed by rest stops offering home-made delicacies.

More informations:
TIC PTUJ
2250 Ptuj, Slovenia, T +386 / 2 / 7796011
TIC PTUJSKA GORA
2250 Ptuj, Slovenia, T +386 / 2 / 7940027
info@ptuj.info, www.ptuj.info



9TH POLI CYCLING MARATHON

The POLI Cycling Marathon near Ptuj is the largest annual Slovenian cycling event for amateur cyclists.
www.polimaraton.si

KOROŠKA

Endless forests, intertwined with a dense network of trails, welcome both cyclists and hikers. These trails will take you around the mountains, to their peaks and even into the mountain itself. Carinthia offers experiences for every taste: from family trips to ultimate adrenaline adventures.

• **47, Carinthia mountain trail**
On this 2,030 km long trip, you pass 31 control points in three Carinthian valleys between the mountain ranges of Karavanke, Pohorje, Kozjak and the Savinja Alps.

• **48, Mountain Bike Park - the traces of wilderness**
Welcome to the first Slovenian mountain biking park, with 350 km of marked trails of all possible types and difficulty levels. The park is located in the midst of hills and fields.

• **49, Club 24 - Carinthia mountain challenge**
Climb the five highest peaks of Carinthia and succeed in covering 80 kilometres in less than 24 hours. The reward is membership in the prestigious Club 24.



More informations:
RRA KOROŠKA
2370 Dravograd, Slowenien
info@koroska.si, www.koroska.si



CYCLING TRAIL UNDER THE PECA MOUNTAIN

Ride a bicycle through the deserted and mysterious mine shafts and visit the underworld of Peca, „An adventure in the mountain“.
www.mtbpark.com

MUST-SEE SIGHTS

• **50, DACHSTEIN**
Dachstein is a mountain range that attracts during all seasons with its icy peaks and valley, the magical world of ice, and an unforgettable view from almost 3,000 metres above sea level. www.derdachstein.at

• **51, ADMONT ABBEY**
The Admont Abbey is a work of art dating back to the late Baroque period. It is located in the midst of the gorgeous Gesäuse National Park. The Admont Abbey contains the largest monastic library in the world.
www.stiftadmont.at

• **52, CITY OF GRAZ - UNESCO WORLD HERITAGE SITE**
Due to its sights, the city of Graz was added to the UNESCO list of World Cultural Heritage Sites in 1999, and the site was extended in 2010 to include the Eggenberg Castle, which is really no surprise as the Castle bears witness to the development of the city and its centre.
www.graztourismus.at

• **53, PIBER STUD FARM**
The Austrian West Styria nurtures a 400 year old knowledge on the breeding and training of Lipizzaners. Visit the Piber Stud Farm and have an unforgettable experience.
www.piber.com

• **54, EUROPEAN CAPITAL OF CULTURE 2012**
In 2012 the cities of Maribor, Ptuj, Slovenj Gradec and Murska Sobota will be given a special title as the European Cities of Culture 2012, where you are welcome to experience a variety of interesting cultural events.
www.maribor2012.info